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... Schaef's pithy meditations open new ways of living. The conclusions are sometimes funny, sometimes poignant, but always thought-provoking for all women who do too much - whether at home, at the office, wherever they work - Schaef offers inspiration, humour and a possibility for change. Meditations for Women Who Do Too Much - 10th Anniversary ... The Hazelden Betty Ford Foundation is a force of healing and hope for individuals, families and communities affected by addiction to alcohol and other drugs. As the nation's leading nonprofit provider of comprehensive inpatient and outpatient treatment for adults and youth, the Foundation has 17

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